

ENYA TAY EN-YA

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EDUCATION

M.A in Art Therapy, University of the Arts Singapore	2024 - 2026
B.Sc in Psychological Science, James Cook University	2020 - 2022
- EXCO Member (Treasurer) of Volleyball Club	
- EXCO Member (Treasurer) of Christian Fellowship	
'A' Levels, Yishun Innova Junior College	2018 - 2020
- EXCO Member (Vice-Captain) of Table Tennis Team	
'O' Levels, Pei Hwa Secondary School	2014 - 2018
- EXCO Member (Vice-President) of Robotics Club	

WORK EXPERIENCE

Anglican Care Centre **Aug 2025 - May 2026**

Art Therapist Trainee

- Facilitated open-studio sessions weekly, achieving goals such as free expression and self-expression among clients who are diagnosed with various mental health conditions
- Planned and facilitated individual sessions, achieving numerous therapeutic goals in support of the clients' personal goals
- Worked in a multidisciplinary team, consulting other professionals when necessary
- Conceptualized case notes, consistently self-reflecting after client interaction

Thye Hwa Kwan Moral Charities

Jan 2025 - May 2025

Art Therapist Trainee

- Planned and facilitated open-studio sessions weekly, achieving goals such as sensory engagement, autonomy, and cognitive functioning among clients diagnosed with Intellectual Disabilities and other comorbidities
- Planned and facilitated individual sessions, achieving goals such as building a therapeutic alliance, reminiscence, freedom of expression, and cognitive functioning
- Conceptualized case notes, consistently self-reflecting after client interaction

Nurture Pods

Jun 2023 - Nov 2023

Behavior Therapist

- Conducted and assisted in the facilitation of both group and individual intervention classes
- Reinforced behavior of children diagnosed with Autism Spectrum Disorder using token economy and group contingency
- Reinforced child's behavior as a school-based shadow teacher and improved the child's classroom experience

Arty Learning

May 2023 - Jul 2024

Illustrator and Curriculum Designer

- Designed art integrated worksheets that are focused on cultivating essential skills for children, such as independent reading, blending, and spelling

Centre for Evidence and Implementation

Jan 2023 - May 2023

Junior Research Assistant

- Conducted various research and evaluations for social policies and programmes
- Liaised with various participants to gather information
- Transcribed and translated key informant interviews
- Supported in the designing of program logic

Projects:

- SPARKX, Touch Community Services, Singapore
- President's Challenge - Empowering for Life Fund
- Caring SG - CAREwell, Caregivers Alliance Limited
- CHILD - EASEL

Artary

Jan 2023 - May 2023

Art Teacher

- Facilitate lessons for children through a wide and creative array of arts

Singapore Association for Mental Health, C'SAY

Jul 2022 - Dec 2022

Intern

- Facilitated creative engagement sessions onsite, outdoors, and in educational institutions
- Co-facilitated art therapy sessions for wellbeing with professional art therapists
- Assisted during client intake sessions
- Engaged with clients to enhance their social skills
- Substantially contributed to the aesthetics, productivity, and social media account of the organization
- Respected the clients' privacy and exercised confidentiality

Prudential Assurance Company, UniOracle Alliance / GLO Advisers

Feb 2022 - Feb 2023

Administrator

- Designed numerous types of infographics
- Outreached to vendors, companies, and businesses using social media
- Developed positive working relationships with respective vendors and made the best Impression in every given situation
- Demonstrated and conveyed a favorable image of the organization

Singapore's Cybersports & Online Gaming Association

May 2020 - May 2022

Facilitator

- Conducted games for various events and educational institutions
- Established administrative rules and regulations, provided necessary support services
- Established effective systems for record retention and effectively handled information overload
- Facilitated games for international professional players at 'Global Esports Games 2021'

VOLUNTEER EXPERIENCES

Institute of Mental Health

Sep 2024

Volunteer

- Setting up and packing of materials for art therapy sessions
- Preparation for future art therapy sessions
- Introduction to the space in the institution and art therapy rooms
- Building rapport with the patients and staffs

Arty Learning

Sep 2024

Volunteer

- Prepared materials, worksheets, and illustrations for teaching purposes
- Guided the children to do arts and craft

Thye Hwa Kwan

Aug 2024

Volunteer

- Material research and proposal of activities

New Light Foundation

Dec 2010 - Present

Volunteer

- Involved planning and carrying out community services in the village, painting, and other manual labor tasks
- Set up carnivals, went door-to-door caroling during the festive season
- Prepared several game booths for the Thai and Burmese children (approx. 150) to augment their social skills
- Taught the children basic drawing skills, engaged and communicated with them despite the language barrier
- Brought the children for field trips, ensuring their safety

Volunteer Club, James Cook University

Nov 2020 - Aug 2022

Member

- Gave out flyers and collected clothes for people who were affected by the typhoon in the Philippines
- Picked up inorganic litter along the Kallang River, contributing to the creation of a greener and conducive environment for society
- Liaised with JCU's Thai Club, aiding in the set-up and carrying out of their events

Standard Chartered Marathon Singapore, Ironman Group

Dec 2015 - Dec 2021

Volunteer

- Registered individuals' personal bags, allocated them to their respective shelves and held responsibility for them
- Ushered people to their destinations, helped out with manual labor tasks

Sree Narayana Mission

Apr 2019

Volunteer

- Prepared various games for the elderly to play, taught and instructed them
- Packed goodie bags, assisted with their movements from place to place

SKILLS

Languages

English and Mandarin

Technical

Visual Arts, Fine Arts, Excel, SPSS, Qualtrics