

LOW YU NENG, LYN

Experienced professional with nine years spanning arts, mental health, and community engagement in various sectors. Skilled in developing tailored therapeutic art programs for diverse needs, including schizophrenia, depression, dementia, and end-of-life concerns. Transitioning from artist to program lead, I've demonstrated a consistent positive impact on well-being through creative interventions. Committed to further specialization through MA Art Therapy studies to continue enhancing lives through the transformative power of art.



PROFESSIONAL EXPERIENCE

Lions Befrienders, Assistant Manager (Programmes)

Aug 2022 - Present

- Managed multiple funded projects across 10 Active Ageing Centres, ensuring timely delivery, adherence to KPIs, and project goals. Oversaw a cognitive health program screening 1200 seniors for Mild Cognitive Impairment (MCI), implementing interventions, and conducting research. Additionally, led Project Say No to Scam, directing the production of anti-scam educational videos and the development of a web game.
- Proactively sought and collaborated with compatible partners such as artists and art therapists to curate and co-develop therapeutic art programs tailored for seniors. Additionally, identified workforce gaps and organized specialized training sessions to enhance departmental skills, including case management, program development, and facilitation skills

Montfort Care, Casework

Aug 2019 - June 2022

- Developed, delivered and evaluated social work informed mental health and art related programmes/group work:
 - Project Heart-to-Heart, an art-based and multisensory programme for PLWD and caregivers to preserve their relationship, memories and legacy, and increase bonding through shared experience of art-making
 - Emotional Self-care Workshop, to increase participants' awareness of emotional self-care and expose participants to using Art as a resource for their self-care practice
 - Dementia Awareness and Prevention Workshop, Depression Awareness and Prevention Workshop
- Perform case management and all related duties: Intake assessments, screenings, case conceptualisation, crisis management, interventions, case closures, documentation, performed basic counseling and psychoeducation

Tan Tock Seng Hospital, Executive (Centre of Health Activation)

Feb 2019 - July 2019

- In-charge of Temasek Foundation Cares CHAMPS Programme— a funded collaboration (\$293k), to promote senior volunteerism in para-clinical programmes (targeted at seniors at end-of-life, with dementia, with glaucoma, in postoperative recovery), and perform all volunteer management duties: Recruitment, interview, training, retention, conflict resolution, appreciation events
- Manage project and all aspects of grant (e.g. financial records, progress report, periodic updates) and collaborate with multidisciplinary team (grant partners, volunteers, clinicians, researchers and finance department) to ensure volunteer programme and project stays on track

St. Joseph's Home, Senior Executive, Community Partnership / Operations

Apr 2017- Feb 2019

- Managed all aspects of volunteer management: coordination and supervision, recruitment, training, scheduling, and evaluation, ensuring seamless integration into organizational operations and alignment with mission objectives
- Facilitated portraiture sessions for end-of-life seniors, engaging seniors through various mediums to create meaningful artworks reflecting their life stories and legacy

Independent Artist

Aug 2015 - Mar 2017

- Created art, curated, and marketed exhibitions, while collaborating and volunteering on community art projects.