

Chuang Ting-Yun

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EDUCATION

Master Art Therapy

LASALLE College of the Arts, University of the Arts Singapore

Jun, 2026

Bachelor of Arts in Visual Arts

National Chiayi University (NCYU), Taiwan

Jun, 2023

Bachelor of Education in Counselling

National Chiayi University (NCYU), Taiwan

Jun, 2023

WORK EXPERIENCE

Art Therapy Intern

Singapore Association for Mental Health

Sep, 2025–May, 2026

1. Conduct group art therapy for
 - adolescents aged 12 to 21 with emotional, psychological or psychiatric issues in the community
 - adults aged 21 to 62 who are in recovery from a mental disorder or dual diagnosis in a psychiatric rehabilitation day centre
 - the elderly
 - the public (mixed population)
2. Document the progress of each group for recording and tracking of progress
3. Collaborate with programme staff and case workers for necessary follow-up
4. Support event facilitation during public outreach initiatives to raise awareness of mental health issues
5. Participate in the filming of promotional videos for the organisation's social media platform

Singapore Anglican Community Services

Jan–May, 2025

1. Conduct individual art therapy for adolescents aged 12 to 25 at higher risk for mental health conditions
2. Document the progress of each individual for recording and tracking of progress
3. Collaborate with youth workers for necessary follow-up
4. Support event facilitation during public outreach initiatives to raise awareness of mental health issues

Counseling Intern

Rujia Halfway House of Psychiatric Rehabilitation, Taiwan

Feb–Jun, 2023

1. Conduct individual and group counselling for adults with schizophrenia
2. Conduct community reintegration group, including taking public buses, grocery shopping, and performing daily household chores.
3. Document the progress of each individual and group for recording and tracking of progress
4. Support event facilitation during public outreach initiatives to raise awareness of mental health issues
5. Admin data filing and management

Xifu Service Full Senior Care Centre, Taiwan

Sep, 2022–Jan, 2023

1. Conduct group activities for seniors aged 60 and above with a high level of nursing needs
2. Document the progress of each group for recording and tracking of progress
3. Daily nursing care assistance (measuring blood pressure and body temperature)
4. Admin data filing and management

OTHER/VOLUNTEER EXPERIENCE

School Counsellor

Family and Community Counselling Centre in NCYU, Taiwan

Apr–Jun, 2023

This is a volunteer project for 30 hours to implement a plan for prevention, tracking, and return-to-school guidance of dropouts in a rural primary school

CO-CURRICULAR ACTIVITIES

Mural Wall Project

CREST-Youth SACS/ PATHFINDERS

Sep–Nov, 2024

Session of Zine-making Using Old Pamphlets

National Museum of Singapore

Oct, 2024

Art & Craft Facilitator and Front of House Duties

Gateway Arts

Sep, 2024

Teaching Assistant

Arty Learning

Sep, 2024

KEY SKILLS

Technical Skills: Art therapy interventions (individual and group facilitation); Counselling techniques; Client assessment and observation; Artistic skills

Software: Microsoft Office

Languages: Mandarin, English