

Valerie Teo Minyi

Music Therapist

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References and full CV available upon request.

Summary

Graduating music therapist (MA, June 2026) with 900+ clinical hours spanning early intervention, dementia, and palliative care. Committed to evidence-based, person-centred practice that sees the whole person and supports them to reach their fullest potential.

Clinical Placement Experience

Woodlands Hospital

January-May 2026

- Provided music therapy sessions across palliative, post-acute, community, and delirium care wards
- Facilitated psycho-emotional support for palliative patients and improved management of behavioural and psychological symptoms of dementia (BPSD) in the Delirium Care Unit
- Assessed new patients for music therapy suitability using standardised tools including the Music Therapy Engagement Scale for Dementia and the Pittsburgh Agitation Scale

Ren Ci Hospital

August-December 2025

- Provided music therapy sessions for elderly nursing home and community hospital clients, addressing psychosocial goals.
- Led weekly choral and hand chimes sessions for 50-60 senior care centre participants across social engagement and musical skill goals
- Supported group music therapy for long-term care residents with profound brain injuries, addressing physical and psychosocial needs through self-expression and capability building

Thye Hua Kwan Early Intervention Centre (Tampines)

February-May 2025

- Co-led music therapy sessions alongside clinical supervisor for children aged 2-6 with moderate to high support needs
- Independently planned and led sessions incorporating familiar and self-composed music tailored to children's developmental goals, using guitar, voice, and percussion

Work Experience

Manager, National Arts Council

Access & Community Engagement (2023-2024)

Traditional Arts (2019-2023)

Manager, Singapore Tourism Board

Cruise Business Development (2018 - 2019)

F1 (2017 - 2018)

Education

LASALLE College of the Arts, Singapore

Master of Arts in Music Therapy

2024 - 2026

Recipient of MA Music Therapy Scholarship supported by The Ireland Funds Singapore

Nanyang Technological University

Bachelor of Arts in Linguistics and Multilingual Studies (2nd Class Honours)

2011 - 2015

Raffles Institution (Junior College)

Integrated Programme, GCE A-Level
2009 - 2010

Music Proficiencies / Skills

Piano / Keyboard

- Distinction, Trinity College London Advanced Performance Certificate
- ABRSM Music Theory Grade 8

Guitar

- Competent for regular use in clinical settings

Suona

- Played in school and alumni Chinese Orchestra (2006 - 2022)

- Clinical improvisation
- Receptive music therapy techniques
- Therapeutic songwriting
- Group facilitation

Languages

- English - Native
- Chinese - Proficient
- Hokkien - Conversational
- German, Japanese - Intermediate
- French, Dutch, Malay - Elementary