

Valerie Tiong Hui Ling

M. A. Music Therapy, LASALLE College of the Arts. Expected June 2026.

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EXPERIENCE

Whampoa Family Service Centre – *Music Therapy Intern*

January 12th 2026 - May 14th 2026

- Led music therapy (MT) sessions and co-facilitated sessions incorporating MT for a diverse range of clients. These included an adolescent with autism, adults experiencing suicidal ideation, individuals with mental health conditions such as depression, borderline personality disorder, and bipolar disorder, and a family group session with a mother and her two children.
- Co-led and supported in a Teens Club programme, creating structured group activities imparting social, emotional, and ethical educational concepts such as attention. Incorporated music to facilitate these outcomes, encourage engagement, and foster connection among the teens.

Ren Ci Hospital – *Music Therapy Intern*

August 6th 2025 - December 23rd 2025

- Led and co-led individual music therapy (MT) sessions with an elderly nursing home resident who suffered from multiple strokes. Sessions involved singing resident's familiar repertoire to stimulate word recall by eliciting familiar song lyrics, through musical stimulation.
- Led and co-led individual MT sessions with an older adult nursing home resident on dialysis and with a history of depression. Sessions involved verbal processing of resident's past experiences through song lyric discussion, song writing, and providing mood support through listening to and singing resident's preferred songs together.
- Co-led individual MT sessions with an elderly palliative patient at the community hospital suffering from pancreatic cancer. Sessions involved singing the patient's preferred songs to facilitate reminiscence of the patient's positive memories, which also provided mood support.
- Co-led a group MT programme called Golden Harmonies at the Senior Care Centre, involving facilitating singing in different languages and coordinating with playing chimes/ handbells for approximately 30 seniors.

Rainbow Centre Yishun Park – *Music Therapy Intern*

March 3rd 2025 - April 29th 2025

- Observed and supported students with Autism Spectrum Disorder (ASD) and/ or Multiple Disabilities (MD) of ages 7-18 in classroom settings, Music Therapy (MT) sessions, and MT combined sessions with the interdisciplinary team.
- Led and co-led MT assessments with a 12 year-old MD student, involving sustaining his attention through free improvisation on the piano, vocal improvisation with percussion, singing and playing songs on the guitar and piano both prepared and by-ear.
- Planned and co-led session activities with three 10 year-old ASD students, focusing on using handbells to achieve group goals, during an MT-Speech-Language Therapist (SLT) session.
- Substituted segments of in-class MT-SLT combined group sessions with seven 7 year-old ASD students, involving

SKILLS

Adaptability

Detail-oriented thinking

Knowledge of Microsoft Office and Google applications

Patience and curiosity to understand

Strong sensitivity to others' emotional states and needs

Spontaneous thinking

Violin, Piano, Guitar, Vocal skills

Improvisation and playing by ear

CERTIFICATES

ABRSM Level 4 Diploma in Violin Performance (DipABRSM)

ABRSM Grade 8 Piano

ABRSM Grade 8 Music Theory

LANGUAGES

Fluent in English language

Moderate proficiency in Chinese language

singing and playing on the guitar and adapting according to the students' actions to accommodate interaction and sustain engagement.

- Improvised and adapted self-composed songs to match the emotional state, and encourage engagement and exploration of a 15 year-old MD student with flooring and hitting behaviours, during an MT-Psychologist combined session.

Fei Yue Early Intervention Programme for Infants and Children (Upper Thomson) – EIPIC Teacher

March 2022 – February 2023

- Conducted intervention for children with special needs aged 7 and below in a classroom setting of up to 12 children.
- Formulated Integrated Therapy and Education Plans (ITEP) according to child's profile. Discussed, planned, executed intervention strategies and monitored progress with team of Co-Teachers and Allied Health Professionals (AHPs).
- Simultaneously managed behaviours and maintained classroom engagement while delivering lesson content. Taught phonics, social skills, body safety, and other essential skills as part of lesson content.
- Conducted assessments of child's performance levels and progress according to AEPS criteria, collected evidence-based data on child's behaviours.
- Considered family characteristics, nurtured trust and rapport, and conducted Home Visits. Empowered families with effective support strategies through parent's In-Class Observations and parent communication.
- Conducted ITEP Meetings/ Goal Review Meetings with parents and AHPs. Documented and formulated reports on goal progress and child's profile summary.

EDUCATION

Nanyang Technological University – B. A. (Hons) Linguistics and Multilingual Studies with a Minor in Psychology

August 2017 - July 2021

Anglo-Chinese Junior College – GCE A-Level

February 2015 - December 2016

CHIJ St. Nicholas Girls' School (SNGS) – GCE O-Level, PSLE

January 2011– December 2014

ACTIVITIES

LASALLE Music Therapy Awareness Programme at Saint Anthony's Canossian Secondary School (SACSS) – Music Therapy Student

May 2025

- Conducted a presentation sharing about music therapy as part of a team of music therapy students to a cohort of Secondary 2 students. Subsequently assisted in conducting a preliminary survey study exploring how music supports our emotions among the student cohort

Church of the Holy Spirit/ Sanctus Spiritus Choir — Violinist

August 2013 - Current

- Serve during mass as an accompanist in the 7am church choir regularly.

Orchestral Experience - Violinist

- Emmanuel Symphony Orchestra (2025)
- Asian Cultural Symphony Orchestra (ACSO) (2018, 2022)
- Orchestra of the Music Makers (OMM) (2015, 2017)